

Mindful Mutterings # 7

Read the lie. Then read the scripture and the **bolded** Greek or Hebrew definitions. Meditate on them for a few minutes. Denounce the lie and pronounce the truth. Do you see an additional lie or truth? Write it down. Denounce the lies and mutter the truths under your breath several times a day for at least 21 days, until you know them by heart. Try to memorize the scriptures (at least memorize the main idea). When Satan or anyone else (including you) speaks the lie, mutter the truth in response. **THE TRUTH WILL SET YOU FREE!**

*Definitions are taken from Strong's Exhausted Concordance which is based on the KJV. I've used corresponding words in different versions.

The Lie	The Truth
I can't rejoice when people are treating me badly	<p>Luke 6:22-23 Blessed are you when people hate you, when they exclude you and insult you and reject your name as evil, because of the Son of Man. Rejoice in that day, and leap for joy, for behold, your reward is great . . .</p> <p>Rejoice: <i>calmly happy; full of cheer</i></p> <p>Speak the Truth: Through Christ, I can be happy and leap for joy when people mistreat me</p>
Shouting for joy is not for everyone. I'm just not that kind of person.	<p>Psalms 5:11 But let all those who take refuge and put their trust in You rejoice; let them ever sing <i>and</i> shout for joy,</p> <p>Rejoice: <i>brighten up, gleesome</i></p> <p>Speak the Truth: <i>All</i> who put their trust in God should sing and shout, so I'll shout for joy</p>
Dancing is for nightclubs, not for worship	<p>1 Peter 1:8 Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory:</p> <p>Rejoice: <i>jump for Joy</i></p> <p>Speak the Truth: I will jump up and down with unspeakable joy</p>