

Mindful Mutterings # 3

Read the lie. Then read the scripture and the **bolded** Greek or Hebrew definitions. Meditate on them for a few minutes. Denounce the lie and pronounce the truth. Do you see an additional lie or truth? Write it down. Denounce the lies and mutter the truths under your breath several times a day for at least 21 days, until you know them by heart. Try to memorize the scriptures (at least memorize the main idea). When Satan or anyone else (including you) speaks the lie, mutter the truth in response. **THE TRUTH WILL SET YOU FREE!**

*Definitions are taken from Strong's Exhausted Concordance which is based on the KJV. I've used corresponding words in different versions.

The Lie	The Truth
I ruined my life by marrying the wrong man.	<p>Psalm 139:16 Your eyes could see me as an embryo, but in your book all my days were already written; my days had been shaped before any of them existed</p> <p>Written: prescribed</p> <p>Truth: God has a plan that includes my mistakes.</p>
If I'm in God's will everything in my life will be perfect.	<p>I Peter 3:17 For it is better to suffer for doing good, if that should be God's will, than for doing evil.</p> <p>Will: determination</p> <p>Truth: Just because things aren't perfect doesn't mean I'm not in the will of God.</p>
My sins have made God change His mind about me.	<p>Ephesians 1:4 Even as [<i>in His love</i>] He chose us [<i>actually picked us out for Himself as His own</i>] in Christ before the foundation of the world, . . .</p> <p>Foundation: conception</p> <p>Truth: God knew what I was going to do before He created me, and He hasn't changed His mind about choosing me.</p>